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Minnesota Senior Games in St. Cloud

Registration is officially open for the Minnesota Senior Games 2019. This year's event will take place in and around St. Cloud, Minnesota on August first through fourth.

Minnesota Senior Games is an athletic competition with over 20 different events for athletes age 50 and better. The games were last hosted in St. Cloud in 2016, and there were over 600 athletes who took part in various events. This year, the MN Senior Games are back in St. Cloud and bigger than ever before, thanks to the title sponsor Blue Cross Blue Shield of Minnesota.

Do you play a mean round of golf? Are you an avid runner? Can you hold your own on the pickleball court? This could be the perfect opportunity to put your skills to the test, challenge other athletes to perform their best, and have a little fun along the way. Events are broken out by age group and take place all over Central Minnesota.

"The Minnesota Senior Games is a great event that combines athletic competition with comradery" says Dana Randt, Sports & Special Events Manager at the St. Cloud Area Convention and Visitors Bureau and chair of the 2019/2020 Minnesota Senior Games. "Open to all different age groups and skill levels, there is a fit for everyone. Whether you've been an athlete your whole life or want to try something new, it is never too late to get in the game," Randt continues. "With multiple different sporting events, you can even give a few a try! We hope to see you as an athlete at the games, but if you can't commit this year, we still encourage you to come check it out to see what it is all about. You never know where inspiration will strike!"

The Minnesota Senior Games event is a member of the National Senior Games Association, a non-profit organization dedicated to motivating active adults to lead healthy lifestyles through the Senior Games movement. Though 2019 is not a national qualifying year, it is a great opportunity to practice events in the competition environment in preparation for the qualifying year in 2020, which will also be held in St. Cloud.

If you think you have what it takes to compete in the Minnesota Senior Games, or even if you would just like to experience the fun, competitive atmosphere of the games, you can learn more and register online here: <http://www.mnseniorgames.com/>. Registration is open until July 26th, and day-of registration is not available. The games are free for the public to come watch, so check out the schedule on the website and prepare to cheer and feel inspired!